



Discovery Session Client Report

with Mindi K. Counts, MA, LAc.

I am honored to support you on your healing journey.

NAME

DATE

PRONOUNS

DOB

PRIMARY CONCERN

OTHER CONCERNS

RED FLAGS

FIVE ELEMENT CONSTITUTION

TCM PATTERNS PRESENT

PRIMARY ELEMENT

SECONDARY ELEMENT

TERTIARY ELEMENT

CURRENT PRESCRIPTION MEDICATIONS

NUTRITIONAL EVALUATION

RECOMMENDED FIVE ELEMENT DIETARY CHANGES

RECOMMENDED TCM PATTERN DIETARY CHANGES

HERBAL MEDICINE EVALUATION

RECOMMENDED HERBAL MEDICINE SUPPORT

VITAMIN / SUPPLEMENT EVALUATION

RECOMMENDED VITAMIN/SUPPLEMENT SUPPORT

RECOMMENDED LABS

RECOMMENDED LABS AND PANELS

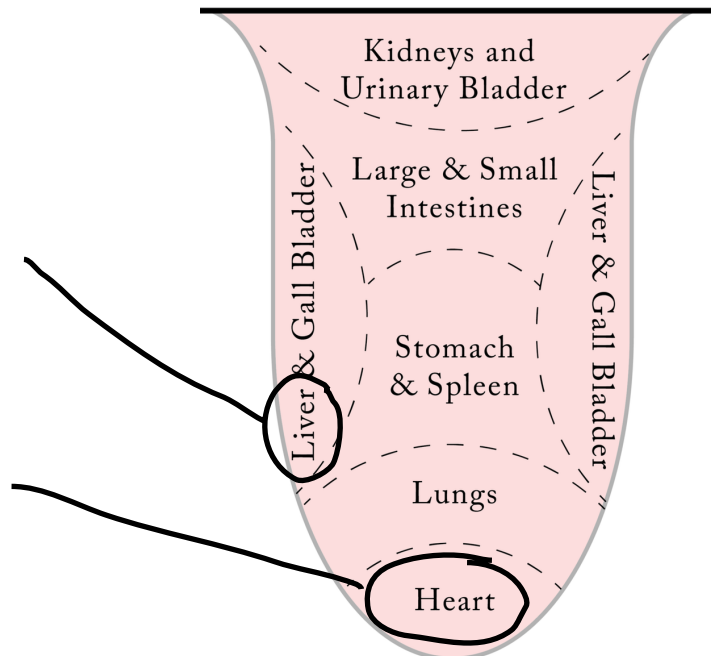
OTHER RECOMMENDATIONS

RECOMMENDATIONS FOR ADDITIONAL SUPPORT

TONGUE DIAGNOSIS

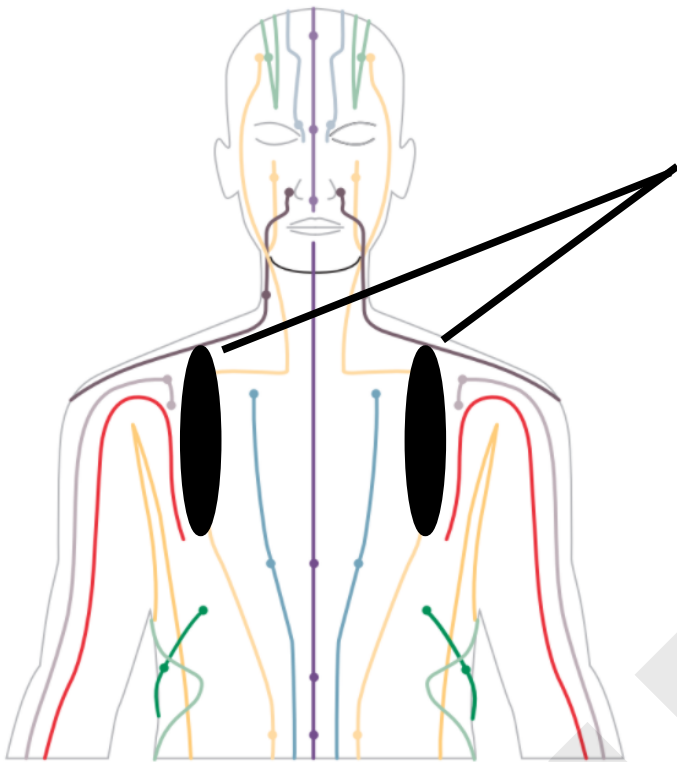
NOTES

Chinese Medicine Map of the Tongue

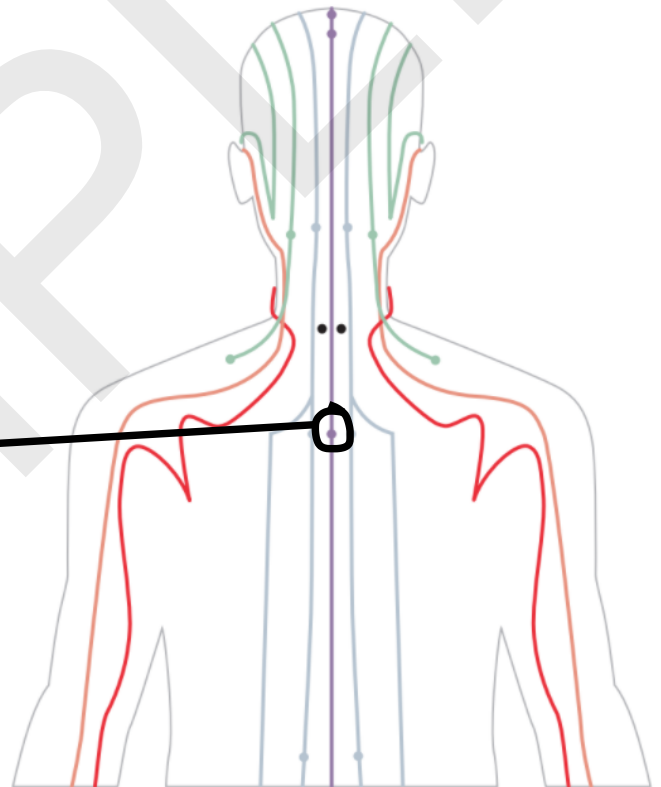


ACUPRESSURE POINTS

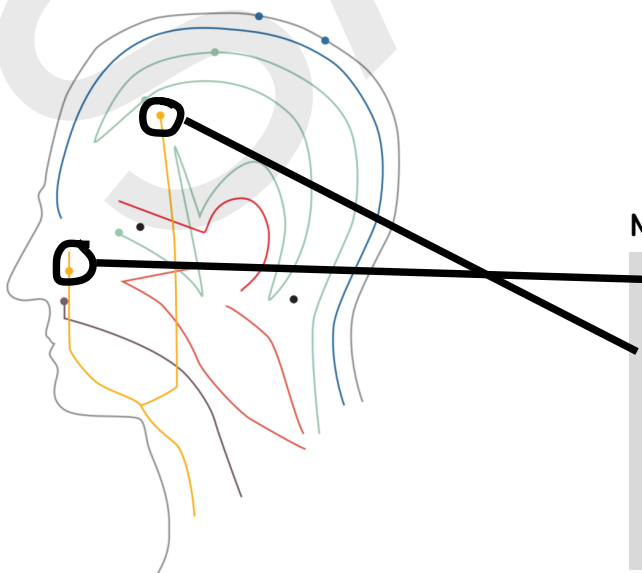
MERIDIANS: FRONT OF UPPER BODY



MERIDIANS: BACK OF UPPER BODY

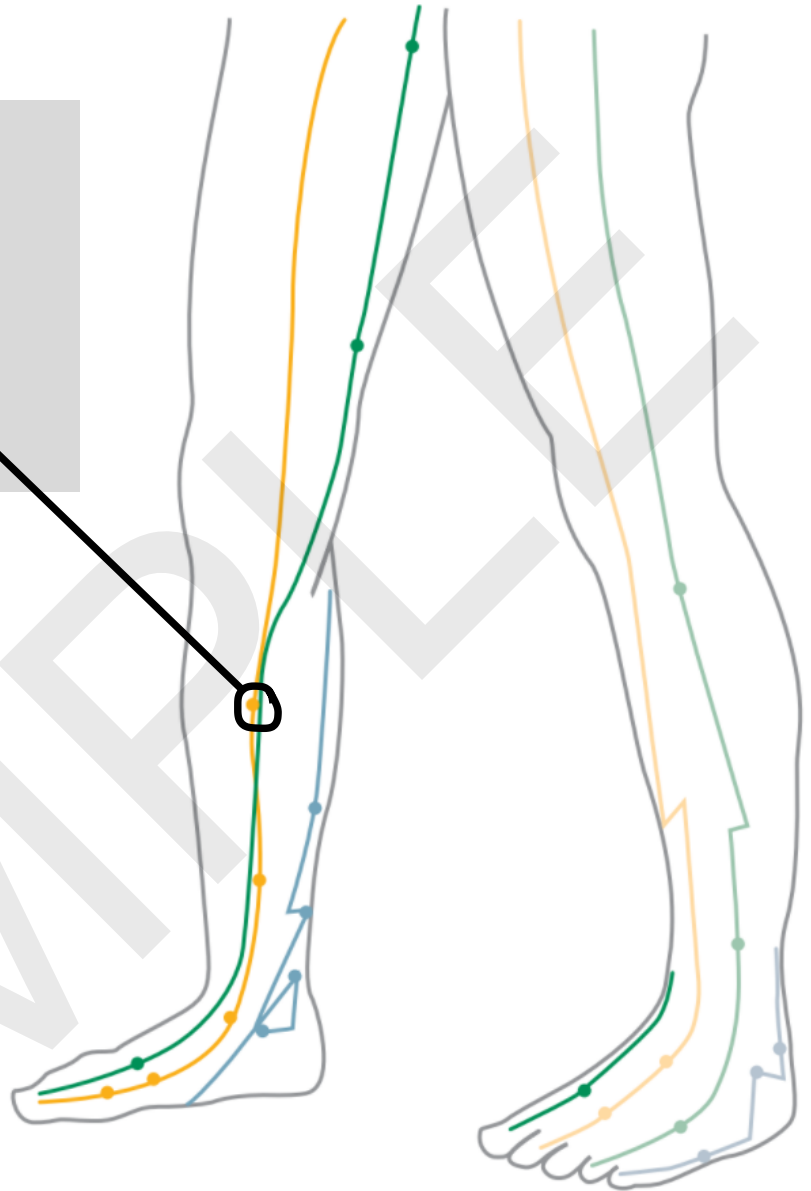


MERIDIANS: LATERAL SIDE OF HEAD

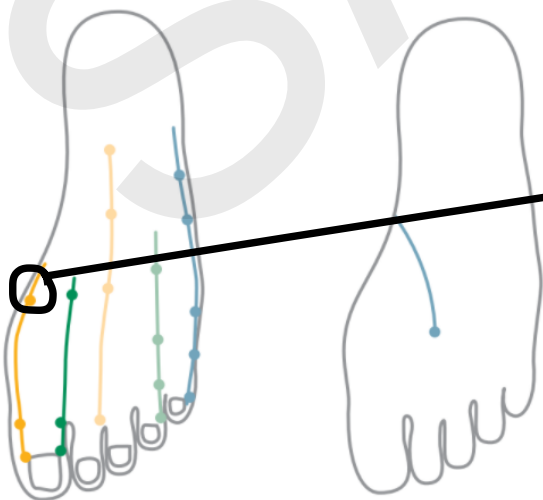


ACUPRESSURE POINTS

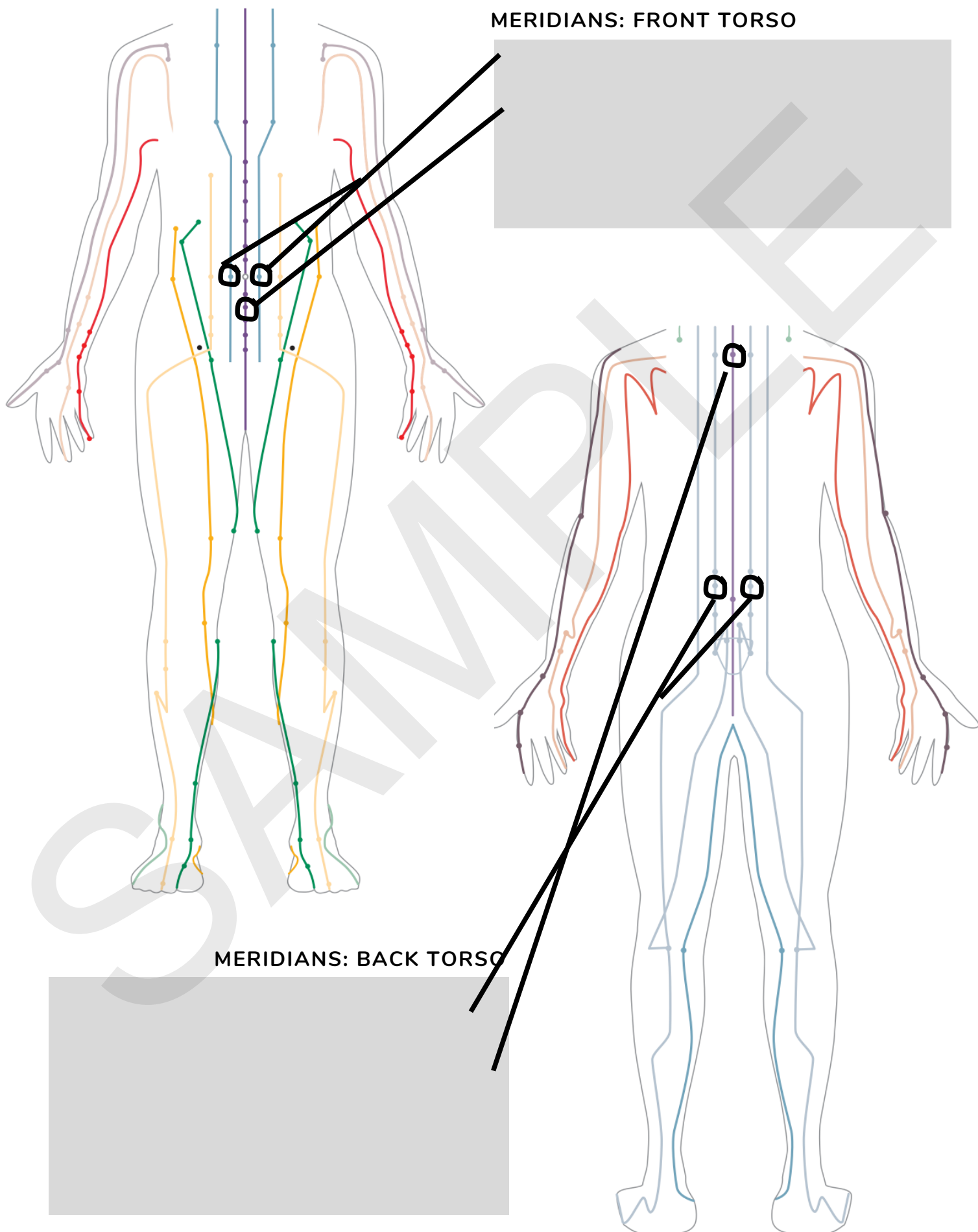
MERIDIANS: FEET AND LEGS



MERIDIANS: FEET



ACUPRESSURE POINTS



NEXT STEPS

TO FURTHER SUPPORT YOU IN
YOUR DEEP DIVE HEALING, CLAIM
YOUR 25% OFF ALL HERBS AND
SUPPLEMENTS FOR THE NEXT 3
MONTHS



Date of Expiration:

TO FURTHER SUPPORT YOU IN YOUR
DEEP DIVE HEALING, CLAIM YOUR
25% OFF ALL FOLLOW-UP ONLINE
SESSIONS WITH ME FOR THE NEXT 3
MONTHS



Date of Expiration:



Please feel free to email me with any
questions for the next 30 days or until:

With deep gratitude,

Mindi K. Counts, MA, LAc.